

Taekwon-Do Explosion 2010

By Stuart Anslow

On possibly one of the nicest days of the year so far (sods law when it comes to Taekwon-Do events), "*Taekwon-Do Explosion 2010*" took place after having not been ran since 2007 due to various reasons.

Instructors Stuart Anslow and Hay Harris, both competition host veterans, joined forces and delivered a great day for all involved.

Taekwon-Do Explosion events are 'invitation only' and the reason for that is simply that they are meant to be fun for the competitors. This way it allows us to monitor which clubs attend in order to weed out those clubs that have an OTT '*must win no matter the cost*' attitude or instructors that moan about everything when things don't go their or their students way or simply cause problems or issues that they don't need to!

So, Taekwon-Do Explosion saw a mixture of great clubs, with nice instructors and good skills all merge in Leicester for an explosive day of Taekwon-Do and fun.

As usual for the Explosion events we try to make them different than others, so apart from the standard sparring and patterns divisions, we also had a Sumo Sparring event which is mainly aimed at younger students, but this year older kids and adults had their own 'Sumo' divisions as



well (for fun), which has a nice twist to it. There was also Flying Side Kick divisions and a Team Sparring event.

The day started on time with the Kids Sumo events, all battling it out with vigour to try to take the first trophies of the day. Three rings with kids of various heights sumo'd their way to victory. Next up was the Junior patterns, with many students showing good technical expertise that belied their young ages.

Sparring followed next, with some good skills and good control shown from the youngsters. This was followed by the Flying Side Kick divisions, which saw a few tumbles but also some outstanding height gained from some.

On to the Black belt divisions, running (with the exception of Sumo) in the same order as before. With the hall deathly quiet, the black belts showed their skills in the junior, adult male and adult female patterns divisions, with some very close calls indeed.

The sparring was no different, with some great bouts and exceptional kicks flying out, but again, in the theme of the tournament, good control was shown throughout and the 'continuous sparring' stayed mostly continuous as the contact was of the correct level and not overly heavy as seems to be the norm at many competitions these days - those that won, did so with skill rather than brute force.

The black belts concluded with the flying side kick divisions, with



some great distances covered and it was time for the adult Kup divisions.

Taekwon-Do Explosions events differ from other events as it allows 15 years olds to compete along side the adults and while this may be daunting for some, it is a much better challenge than squaring off against an opponent usually 2 foot shorter than you and with control kept tight by both the judges and competitors it proved no problem what so ever, with many 15 to 16 year olds picking up medals in all divisions and thus, acquitting themselves well.

Once the Kup grade patterns, sparring and Flying Side Kick events were concluded, the competition drew to a close with a fun sumo event for older students - similar to the youngsters event earlier, but taking place on 'one leg'. It was good fun and everyone had a good laugh, raising the spirits up and preparing everyone for the final event of the day - the team sparring.

The Team Sparring event finished the day with an electric atmosphere with female and male teams, each fighting in a 'tag-team' format over 3 or 5 minute rounds respectively.

Great trophies for all the winners, fair judging (with 5 judges from 5 different schools judging patterns), excellent referees and ring officials, few (and minor) injuries made 'Taekwon-Do Explosion 2010' a great day out.

We would like to thank all the instructors and black belts that helped officiate on the day,



especially those that helped run the rings - Mr Snow, Mr Smith, Mr Tizick, Mr Walker and Mr Mawdsley, as well as Paul and Corrina Hickman for manning the doors, Tracy Bate for running the café, Kate Barry and Dave Holloway for being our official photographers, Anup Isvalal for running the video screen and sound system, Becki Caulton for providing first aid and KickSport.com for sponsoring the event and running a stall there.

Maybe we'll see you next year!

More photos can be found at www.raynerslanetkd.com



RESULTS

SUMO SPARRING

10 Years & Under - Low

- 1st - Georgia Keen - Harris TKD
- 2nd - Lewis Moore - White Tigers TKD
- 3rd - Lindsey Leigh-Scott - Harris TKD
- 3rd - Jonathan Gardener - Harris TKD

10 Years & Under - Mid

- 1st - Ryan Minney - White Tigers TKD
- 2nd - Nathaniel Allibone - Northants GTUK
- 3rd - Waphaa Simab - Rayners Lane TKD
- 3rd - Caelan Jackson - Northants GTUK

10 Years & Under - High

- 1st - Jamie Lockyer - Rayners Lane TKD
- 2nd - Andrew Lawton - Harris TKD
- 3rd - Alex Evans - Harris TKD
- 3rd - Enzo Fernando - Elite TKD

11 to 14 Years - Girls

- 1st - Jameela Raheem - Rayners Lane TKD

11 to 14 Years - Boys - Low

- 1st - Jack Perchard - Harris TKD

11 to 14 Years - Boys - High

- 1st - Liam Berry - Rayners Lane TKD

Adult (15+) Female

- 1st - Hayley Stevenson - Northants GTUK



Adult (15+) Male

1st - Brendan McCormack - Learn TKD

PATTERNS

10th to 7th Kup - 9's & Under

1st - Arju Radia - Northwood TKD

2nd - Elias Boston - Rayners Lane TKD

3rd - Christophe Vazeille - Rayners Lane TKD

10th to 7th Kup - 14's & Under

1st - Jameela Raheem - Rayners Lane TKD

2nd - Jamie Lockyer - Rayners Lane TKD

3rd - James Andresen - Learn TKD

10th to 7th Kup - Adult (15+)

1st - Larry Wienszczak - Learn TKD

2nd - Gareth Bryan - Longeaton TKD

3rd - Byron Caulton - Harris TKD

6th to 4th Kup - 9's & Under

1st - Daniel Doran - Hemel LTSI

2nd - Alex Evans - Harris TKD

3rd - Katherine Tamsett - Harris TKD

6th to 4th Kup - 10 to 14 Years

1st - Bradley Cosshall - Learn TKD

2nd - Kristopher Roscoe - Coventry APTI

3rd - Killian Govinden - Dartford TKD

6th to 4th Kup - Adult (15+)

1st - Hoa Phan - Longeaton TKD

2nd - Saeed Akbari-Kamrani - Dartford TKD

3rd - Abdi Yassin - Rayners Lane TKD

3rd to 1st Kup - 10 & 11's Years

1st - Ajay Matharu - Elite TKD

2nd - Tobi Adio - Hemel LTSI

3rd - Frankie Adio - Hemel LTSI

3rd to 1st Kup - 12 to 14 Years

1st - Alex Wong - Elite TKD

2nd - Saphwat Simab - Rayners Lane TKD

3rd - Bradley Reason - Elite TKD

3rd to 1st Kup - Adult (15+)

1st - Chris Mutton - Coventry APTI

2nd - Dzung Hoang - Longeaton TKD

3rd - Anya Millican - Harris TKD



Junior Black Belts

1st - Jade Doran - Hemel LTSI
2nd - Joseph Lee - Northants GTUK
3rd - Lauran Snow - St. Albans LTSI

15+ Female Black Belts

1st - Harpreet Chhokar - Learn TKD
2nd - Lyndsey Reynolds - Rayners Lane
3rd - Hayley Stevenson - Northants GTUK

15+ Male Black Belts

1st - Jon Tizick - Coventry APTI
2nd - Taro Koka - Coventry APTI
3rd - Vikram Gautam - Rayners Lane TKD

SPARRING

10th to 7th Kup - PeeWee's

1st - Lewis Moore - White Tigers TKD
2nd - Owen Anslow - White Tigers TKD
3rd - Georgia Keen - Harris TKD
3rd - Benjamin Keen - White Tigers TKD

10th to 7th Kup - Junior Low

1st - Christophe Vazeille - Rayners Lane
2nd - Enzo Fernando - Elite TKD
3rd - Craig Payne - Harris TKD
3rd - Waphaa Simab - Rayners Lane TKD

10th to 7th Kup - Junior High

1st - Josh Wilkes - Elite TKD
2nd - James Andresen - Learn TKD
3rd - Toni Kim Hunt - Harris TKD
3rd - Jameela Raheem - Rayners Lane TKD

10th to 7th Kup - Adult (15+) Female

1st - Nicola Seyton - Northants GTUK
2nd - Jenni Lockyer - Rayners Lane TKD
3rd - Rebekah Bailey - White Tigers TKD

10th to 7th Kup - Adult (15+) Male -75KG

1st - Bradley Frost - Coventry APTI
2nd - Ariel Kowalczyk - Northants GTUK
3rd - Tom Goodwin - Dartford TKD
3rd - Reza Hekmat - Rayners Lane TKD

10th to 7th Kup- Adult (15+) Male +76KG

1st - Byron Caulton - Harris TKD
2nd - Larry Wienszczak - Learn TKD
3rd - Simon Owens - Harris TKD
3rd - Gareth Bryon - Longeaton TKD



6th to 4th Kup - PeeWee's

1st - Ryan Minney - White Tigers TKD
2nd - Oliver Dean - Northants GTUK
3rd - Georgia Gibson - Harris TKD
3rd - Lindsey Leigh-Scott - Harris TKD

6th to 4th Kup - Junior Low

1st - Bradley Cosshall - Learn TKD
2nd - Killian Govinden - Dartford TKD
3rd - Catlin Reason - Elite TKD
3rd - Maiya Radia - Northwood TKD

6th to 4th Kup - Junior High

1st - Liam Berry - Rayners Lane TKD
2nd - Liviu Nafornta - Rayners Lane TKD
3rd - Avinash Bakshi - Rayners Lane TKD
3rd - Masoud Hamed - Rayners Lane TKD

6th to 4th Kup - Adult (15+) Male -75KG

1st - Julius Busauskas - Dartford TKD
2nd - Abdi Yassin - Rayners Lane TKD
3rd - Saeed Akbari-Kamrani - Dartford TKD
3rd - David Harris - Rayners Lane TKD

6th to 4th Kup - Adult (15+) Male +76KG

1st - Richard Bee - Harris TKD
2nd - Josh Carew - Dartford TKD
3rd - Steve Kennedy - Harris TKD
3rd - Luke Taylor - Northants GTUK

3rd to 1st Kup - Junior Low

1st - Frankie Adio - Hemel LTSI
2nd - Jacob Leach - White Tigers TKD
3rd - Ben Conboy - White Tigers TKD
3rd - Issac Leach - White Tigers TKD

3rd to 1st Kup - Junior Mid

1st - Jude Emmett - Harris TKD
2nd - Benjamin Benson - Harris TKD
3rd - Alex Wong - Elite TKD
3rd - Joseph Benson - Harris TKD

3rd to 1st Kup - Junior High

1st - Wesley Maunders - Rayners Lane TKD
2nd - Saphwat Simab - Rayners Lane TKD
3rd - Abigail Maunders - Rayners Lane TKD
3rd - Ajay Matharu - Elite TKD

3rd to 1st Kup - Adult (15+) Male -75KG

1st - Richard Baker - Rayners Lane TKD
2nd - Jonathan Choi - Rayners Lane TKD



3rd - Josh Bayne - White Tigers TKD
3rd - Luke Redgewell - White Tigers TKD

Male Kup Grades - Veterans

1st - Brendan McCormack - Learn TKD
2nd - Chris Mutton - Coventry APTI
3rd - Kelvin Bailey - White Tigers
3rd - Chris Robbins - Coventry APTI

Junior Black Belts - Junior Low

1st - Jade Doran - Hemel LTSI
2nd - Georgia Milner - Lincoln LTSI
3rd - Bethany Anslow - White Tigers TKD
3rd - Daniel Peckett - Coventry APTI

Junior Black Belts - Junior High

1st - Callum Jordan - St. Albans LTSI
2nd - Lauren Snow - St. Albans LTSI
3rd - Thomas Williams - White Tigers TKD
3rd - Amy Marsh - White Tigers TKD

Female Black Belts - 15+ -60KG

1st - Elaine Ogden - Rayners Lane TKD
2nd - Steph McGarth - Harris TKD
3rd - Hannah Chamberlain - Northants GTUK
3rd - Harpreet Chhokar - Learn TKD

Female Red & Black Belts - 15+ +61KG

1st - Hayley Stevenson - Northants GTUK
2nd - Lyndsey Reynolds - Rayners Lane TKD
3rd - Anya Millican - Harris TKD

Male Black Belts - 15+ -76KG

1st - Taro Koka - Coventry APTI
2nd - Antonio Graziano - White Tigers TKD
3rd - Gerry Shepard - Harris TKD
3rd - Adam Marsh - White Tigers TKD

Male Black Belts - 15+ +77KG

1st - Vikram Gautam - Rayners Lane TKD
2nd - Colin Avis - Rayners Lane TKD
3rd - Joe Archer - Northants GTUK

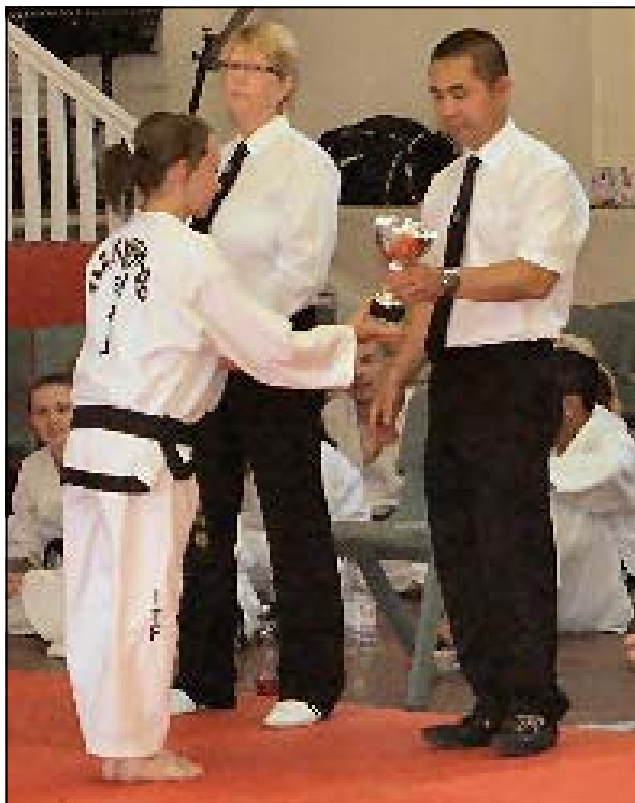
Male Black Belts - Veterans

1st - Brendan Conboy - White Tigers TKD
2nd - Neil Hyett - White Tigers TKD

FLYING SIDE KICK

Mixed - All Grades - 8 Yrs & under

1st - Waphaa Simab - Rayners Lane



Girls - All Grades - 9 to 11 years

1st - Tobi Adio - Hemel LTSI

Boys - All Grades - 9 to 11 years

1st - Ross Gibson - Harris TKD

Girls - All Grades - 12 to 14 years

1st - Jameela Raheem - Rayners Lane

Boys - All Grades - 12 to 14 years

1st - Masoud Hamed - Rayners Lane

Adult (15+) Kup Grades - Male

1st - David Harris - Rayners Lane TKD

Adult (15+) Kup Grades - Female

1st - No Winner

Female Black Belts - 15+

1st - Hayley Stevenson - Northants GTUK

Male Black Belts - 15+

1st - Vikram Gautam - Rayners Lane

TEAM SPARRING

Open Grade Female Team Event

1st - The Rayners Lane Midgets

- Lyndsey Reynolds - Rayners Lane
- Elaine Ogden - Rayners lane
- Jenni Lockyer - Rayners Lane

2nd - Northants Amazons

- Rebekah Bailey - White Tigers
- Hayley Stevenson - Northants GTUK
- Lily Smith - Northants GTUK

Junior Grade Male Team Event

1st - The Side Kicks

- David Harris - Rayners Lane
- Reza Hekmat - Rayners lane
- Abdi Yassin - Rayners Lane
- Josh Carew - Dartford TKD
- Ariel Kowalczyk - Northants GTUK

2nd - Northants With A Twist

- Kelvin Bailey - White Tigers
- Kerren Alburn - White Tigers
- Brendan McCormack - Learn TKD
- Thomas Clutton - Learn TKD
- Julius Busauskas - Dartford TKD



Senior Grade Male Team Event

1st - The Rayners Lane Untouchables

- Vikram Gautam - Rayners Lane
- Colin Avis - Rayners lane
- Richard Baker - Rayners Lane
- Jonathan Choi - Dartford TKD
- Ian Kelly - Learn TKD

2nd - White Tigers

- Brendan Conboy - White Tigers
- Adam Marsh - White Tigers
- Antonio Graziano - White Tigers
- Josh Bayne - White Tigers
- Jake Bayne - White Tigers

3rd - Team G'TT'i

- Joe Archer - Northants GTUK
- Luke Taylor - Northants GTUK
- Josh Carew - Dartford TKD
- Julius Busauskas - Dartford TKD
- Saeed Akbari-Kamrani - Dartford TKD





**A Big Thumbs Up for
Taekwon-Do Explosion 2010**



56 - Totally Tae Kwon Do



Photographs by Kate Barry and Dave Holloway