

# Taekwon-Do Explosion 2011

By Stuart Anslow

*'Taekwon-Do Explosion'* is a small, friendly tournament, run on a yearly basis by Stuart Anslow, V and Hay Harris VI.

Since its inception in 2001 it has steadily been growing over the years, however, this year was the exception where numbers dwindled to less than half of 2010 - a problem many event organisers are experiencing at the moment.

Not to be disheartened, we (Mr Harris and myself), regrouped, replanned and rescheduled in order to host a event with smaller numbers.

Divisions were revised to make them fair, but still competitive and the day was planned out again, almost from scratch, harking back to the early days of 2001.

The *'Taekwon-Do Explosion'* events are popular amongst instructors and schools as they are run on a club by club basis and the refereeing is totally unbiased, as good instructors and black belts are invited along to help officiate.



One thing we try to do each year is devise new events, so every year there is something different going on. Last year we had a 'Team Sparring' event and ran a (fun) adult *sumo sparring* event. This year we changed the special technique divisions and reintroduced 'King of the Ring' events.

As well as the new or changed divisions, we held the regular *patterns* and *continuous sparring* events. Under 10's got to compete in 'Sumo Sparring', 11/12's, 13/14's and 15+ had their own 'King of the Ring' Points fighting, knock-out

event and every one had a chance to compete in the 'Special Technique' events, which featured Flying Side Piercing Kick for 10th to 5th Kups, Flying Turning Kicks for 4th to 1st kups and Flying Reverse Turning Kicks for Black belts.



A final difference this year is that the adult kup grades were on first, followed by the black belts and finally by the younger kup grades. This is the complete opposite to how most events run and it went down really well with everyone, as it meant none of the usual waiting times for the adults, as they wait for divisions to finish, plus it allowed parents a stress free morning by not having to rush off at 7pm to get their kids to the competition in time for the start. The added bonus being that the youngsters also got to see the fantastic skills of the black belts - which were plentiful indeed.



'Light Contact' is emphasised in all sparring divisions meaning that the event is ideal for both beginners tentative steps into the arena, as well as seasoned black belts able to show their true skills, as opposed to simply trying to smash each other out of the ring as is often the case these days!



There were many great displays of technical finesse in the patterns divisions, as well as exciting displays of sparring from all levels.

The younger members fought hard in the '*Sumo*' divisions, whilst everyone gave their all in the *Special Technique* divisions, flying higher or further than many spectators have ever seen, which we gathered from the gasps of the audience.

As well as the Kup patterns, students were treated to displays of Ge-Baek, Kwang-Gae, Choong-Jang, Eui-Am and (the original) Ko-Dang, amongst others.

The Special Technique sections were exciting, but none more so than seeing 3rd degree Instructor David Sims soaring into the air to win the black belt Flying Reverse Turning Kick division.



The sparring was great and much fun to watch, but a highlight of the day was the Adult '*King of the Ring*' division - which was an open grade, open weight and open sex event, with names drawn randomly from a hat to add to the excitement.

Scoring was the same as the rest of the sparring, rewarding high kicks and flying techniques with more points than basic punches with a good flying technique capable of ending the bout immediately.



Time and time again unfortunately some of my own students were drawn to fight each other, with one having to go out each time. Other fast and furious bouts also took place as 32 went to 16, 16 to 8, 8 to 4 until there were only 2 left! The eventual winner was Vikram Gautam (Rayners Lane Taekwon-do Academy) who finished the bout against a fellow black belt with a great display of what makes a black belt, by finishing the fight and the division with a well timed and controlled flying reverse turning kick to his opponents head!

Although I was fairly busy throughout the day and probably missed a few other outstanding moments, some of the highlights I remember were little 1 metre tall, 5 year old Eleonor Mawdsley (Earls Barton White Tigers) walking onto the



ring for the first time 'padded up' with the pads virtually bigger than her! Her opponent (Riley Flower - Elite TKD) showed true Taekwon-do spirit by keeping the bout controlled and fun for the youngster, despite her obvious superior skill levels.

The ladies black belt sparring was good to watch and it was great seeing Lauren Snow (St. Albans LTSl) mixing it up with the adults, having previously only seen her in junior divisions - she did very well too!

As well as the adult black belts, the youngsters saw exactly what they could become by watching the Junior black belts. With the Junior Black belt patterns being won by Chloe Griffin (Tiger Tae Kwon Do) and the Junior Black belt sparring by Sulliman Majeed (Rayners Lane TKD).

Mr Harris and myself would like to thank the following clubs for supporting this years event: Dartford TKD, London Panthers IUTF, Sims TKD, Harris TKD, St. Albans LTSl, Rayners Lane TKD, Earls Barton White Tigers TKD, Elite Taekwon-Do, Grantham LTSl,





Tiger Tae Kwon-Do club and Longeaton TKD, as well as all the instructors and black belts that helped referee and judge throughout the day.

We would also like to thanks those that helped out on the door, at the canteen, with photo's and on (the underused) first aid for the day.

## **Taekwon-do Explosion 2011**

### **- Results -**

### **Patterns**

#### **10th to 5th Kup Patterns**

##### **Juniors (u8 Year old)**

1st: Amol Dhekane (Rayners Lane TKD)  
2nd: Sachin Matharu (Elite TKD)  
3rd: Jai Matharu (Elite TKD)

##### **Juniors (9 to 14 Year olds)**

1st: Alfie Ryan (Rayners Lane TKD)  
2nd: Mohammed Hekmat (Rayners Lane TKD)  
3rd: Bradley Flowers (Elite TKD)

##### **Adults (15+)**

1st: Gareth Bryan (Longeaton TKD)  
2nd: Dace Mikelson (Sims TKD)  
3rd: Chloe Bevan (Dartford TKD)

#### **4th to 1st Kup Patterns**

##### **Juniors (u11's)**

1st: Tia Rich (Harris TKD)  
2nd: Eleanor Thompson (Harris TKD)  
3rd: Owen Anslow (White Tigers TKD)

##### **Juniors (12 to 14 Year Olds)**

1st: Ajay Matharu (Elite TKD)  
2nd: Jude Emmett (Harris TKD)  
3rd: Joe Benson (Harris TKD)

##### **Adults (15+)**

1st: Liam Doyle (Sims TKD)  
2nd: Hoa Phan (Longeaton TKD)  
3rd: David Harris (Rayners Lane TKD)

#### **Black Belt Patterns**

##### **Juniors (u14)**

1st: Chloe Griffin (Tiger TKD)  
2nd: Bethany Anslow (White Tigers TKD)  
3rd: Suliman Majeed (Rayners Lane TKD)

##### **Adults (15+)**

1st: Imran Zaman (Rayners Lane TKD)  
2nd: Elliott Walker (Dartford TKD)  
3rd: Neil Palfreyman (Longeaton TKD)

### **Sparring**

#### **Sumo Sparring**

##### **All Grades (U10's) - Low Division**

1st: Clayton Milward (Sims TKD)  
2nd: William Adamson (Harris TKD)  
3rd: Thomas Broadbent (Harris TKD)  
3rd: Brandon Wright (Grantham LTSI)

##### **Sumo Sparring**

##### **All Grades (U10's) - High Division**

1st: Ivan Paul (Harris TKD)  
2nd: Georgia Gibson (Harris TKD)  
3rd: Tia Rich (Harris TKD)  
3rd: Georgia Keen (Harris LTSI)

#### **10th to 5th Kup Sparring**

##### **Juniors (Low Division)**

1st: Jai Matharu (Elite TKD)  
2nd: Sanchin Matharu (Elite TKD)  
3rd: Clayton Milward (Sims TKD)  
3rd: Riley Flowers (Elite TKD)

##### **Juniors (Mid Division)**

1st: Mohammed Hekmat (Rayners Lane TKD)  
2nd: Owen Fairclough (Elite TKD)  
3rd: Craig Payne (Harris TKD)  
3rd: Yaamir Khurana (Rayners Lane TKD)

## Kup Pattern Winners





## Dan Pattern Winners



## Sumo Sparring Winners



### Sparring cont...

#### **10th to 5th Kup Sparring Juniors (High Division)**

1st: Calan Camp (Sims TKD)  
 2nd: Frank Ryan (Rayners Lane TKD)  
 3rd: Shannon Marshal (Sims TKD)  
 3rd: Joel Wylie (Sims TKD)

#### **10th to 5th Kup Sparring Adult Males**

1st: David Smith (Harris TKD)  
 2nd: Gareth Bryan (Longeaton TKD)  
 3rd: Paul McDonald (Harris TKD)  
 3rd: Oliver Stern (Dartford TKD)

### **Kup Grades - Female**

#### **Adults (all grades)**

1st: Hoa Phan (Longeaton TKD)  
2nd: Chloe Bevan (Dartford TKD)  
3rd: Dace Mikelson (Sims TKD)  
3rd: Akmal Down (Harris TKD)

### **4th to 1st Kup Sparring**

#### **Juniors (Low Division)**

1st: Georgia Gibson (Harris TKD)  
2nd: Tia Rich (Harris TKD)  
3rd: Georgia Keen (Harris TKD)  
3rd: Jack Dagley (Longeaton TKD)

#### **Juniors (Mid Division)**

1st: Eden McDevitt (Sims TKD)  
2nd: Kirsten Smith (Harris TKD)  
3rd: Jack Perchard (Harris TKD)  
3rd: Jude Emmett (Harris TKD)

#### **Juniors (High Division)**

1st: Ajay Matharu (Elite TKD)  
2nd: Isaac Taylor (Harris TKD)  
3rd: Yil Kelani (Rayners Lane TKD)  
3rd: Abhijay Sood (Rayners Lane TKD)

### **u80kg Adult Males**

1st: David Harris (Rayners Lane TKD)  
2nd: Reza Hekmat (Rayners Lane TKD)  
3rd: Shane O'Sullivan (London Panthers)  
3rd: Abdi Yassin (Rayners Lane TKD)

### **+81kg Adult Males**

1st: Liam Doyle (Sims TKD)  
2nd: Matt Wyeth (Dartford TKD)  
3rd: Simon Owens (Harris TKD)  
3rd: Byron Caulton (Harris TKD)

### **Black Belt Sparring - Juniors (Mixed)**

1st: Suliman Majeed (Rayners Lane TKD)  
2nd: Bethany Anslow (White Tigers TKD)  
3rd: Lucy Tamsett (Harris TKD)

### **Black Belt Sparring - Adult Female**

1st: Lyndsey Reynolds (Rayners Lane TKD)  
2nd: Lauren Snow (St. Albans LTSI)  
3rd: Jordan Sheppard (Harris TKD)

### **Black Belt Sparring - Adult Male**

1st: Vikram Gautam (Rayners Lane TKD)  
2nd: Andrew Thomas (London Panthers)  
3rd: Adam Bassidi (St Albans LTSI)  
3rd: David Sims (Sims TKD)

## **Adult Kup Sparring Winners**





## Adult Kup Sparring Winners



## Dan Sparring Winners



## Special Technique

### 10th to 5th Kup - Juniors (Low Division)

1st: Elizabeth French (Grantham LTSI)

### 10th to 5th Kup - Juniors (High Division)

1st: Alfie Ryan (Rayners Lane TKD)

### 10th to 5th Kup - Adults (15+)

1st: Oliver Stern (Dartford TKD)

### 4th to 1st Kup - Juniors (Low Division)

1st: Ben Benson (Harris TKD)

### 4th to 1st Kup - Juniors (High Division)

1st: Isaac Taylor (Harris TKD)

### 4th to 1st Kup - Adults (15+)

1st: David Harris (Rayners Lane TKD)

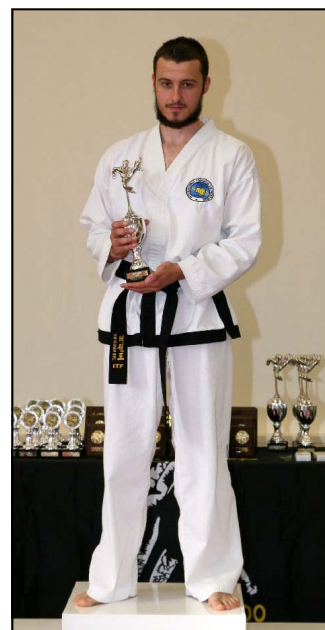
### Junior Black Belts (u14)

1st: Suliman Majeed (Rayners Lane TKD)

### Adult Black Belts (15+)

1st: David Sims (Sims TKD)

## Special Technique Winners





## King of the Ring

### **All Grades - 11/12 Year Olds**

1st: Frank Ryan (Rayners Lane TKD)

### **All Grades - 13/14 Year Olds**

1st: Yil Kelani (Rayners Lane TKD)

### **All Grades - Adults (15+)**

1st: Vikram Gautam (Rayners Lane TKD)



## Adult 'King of the Ring' Winner









