

Rayners Lane Taekwon-do Academy

News Letter

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Student of the Month: Imran Zaman

Imran has won this award for his excellent attitude, both when he first joined the Academy (some months back now) and when training. As you will have noticed, he wears a Junior Black belt, which is a black belt with a white stripe around it and it represents proficiency in Taekwon-do skill with innocence (due to his age). Most schools do not enforce these belts as parents often do not like them, but Imran (and his parents) took this part of Taekwon-do on board gainfully and now he is actually setting a proper example to the schools that don't use them! He trains hard and enthusiastically and I hope he's enjoying himself at the Academy as much as we are having him part of the crew. well done Imran.



Wednesday, 23rd September

Please note, due to a festival (Navaratri Festival) taking place there are no classes on this Wednesday. Instead, students should head towards Mr Gautam's Tuesday class to train on the 22nd, where you will not be charged for this session. Please see www.northwoodtkd.com for the address.

Camping Revival

Please ignore previous news letters regarding both camping and boat trips as we are back to trying to organise a camping trip for this year, but it will be late October (Friday 23rd until Sunday 25th). If you want to come, costs are £30 for adults, £20 for children and under 5's free. The costs include a space in a tent and food and drink for the weekend. You don't have to come on the Friday if you can't make it then and can turn up Saturday if you wish.



You don't need sleeping bags either, just bring duvet/blankets and a pillow. I hope you consider coming along.. if so, please hand in your money to Mr Anslow ASAP - first come, first served!

Grading

The grading is due to take place on 16th September. As the deadline has passed and we haven't had that many apply, we are looking to run (quiet) classes as well, so please turn up for training as usual. If this changes, for example if we have a number of late applicants, we will email round to let you know. Those that are grading should be there, ready and changed by 6.15pm unless told different by Mr Anslow. As usual, ensure you know all your theory (plus previous theory) as you will fail if you do not know it, even if the physical side is up to scratch!

TSI Invitational's

For those entering this event on Sunday, 27th September, the address is Marlborough School Sports Complex, Watling Street, St. Albans, AL1 2QA. Its starts at 9am with the 12's and under, with older students starting at noon, although I hope most will stay the full day to support and spectate (even if you are not entering). Bring some food and drink and don't forget all your pads etc.

Pioneer Seminar

Sadly, we have had to cancel the seminar with pioneering Taekwon-do Master, Willie Lim. This is due to not having enough attendee's to make it financially viable! In theory, with just our own students we would have had enough to cover the costs but most did not support the event, in fact only 5 did! I cannot emphasis enough what a loss this is to ALL students, both those that wanted to attend and those that didn't support the event, as to train under one of the founder's 1st generation Masters, at our own school, is the rarest of opportunities!

Totally TKD Issue 7

A new edition of Totally Tae Kwon Do magazine is out now. Download your free copy at www.totallytkd.com



Licenses Due:

Saphaa Simab, Saphwat Simab, Oliver Roberts, Reece Somaiya, Shamim Ibrahim, Zaheen Ibrahim, Abhijay Sood, Savinay Sood, Ayomikun Odunaiya, Ariwajoye Agbede & Miss Reynolds

Please collect the license Renewal form and return to Mr Anslow, with license book by the middle of September.

“A thousand year a poor man watched Before the gate of Paradise: But while one little nap he snatched, It oped and shut. Ah! was he wise? “

- William R. Alger

“Opportunity is missed by most people because it is dressed in overalls and looks like work. “

- Abraham Cowley

“We must all hang together or assuredly we shall all hang separately. “

- Benjamin Franklin

“This could but have happened once, And we missed it, lost it forever.”
- Robert Browning