

Rayners Lane Taekwon-do Academy

News Letter

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Student of the Month: Masoud Hamed



We recently did a class focusing on sparring for the juniors and during this class everyone looked pretty impressive. And that is no exaggeration as it seemed that this focused concentration helped all the students come on leaps and bounds, but Masoud looked particularly impressive, especially considering he is a 6th kup. Apart from his actual technique, attacking skills and controlled ferocity, what else impressed me was that he employed 'tactic's against those with possibly more sparring experience than himself and to see this, even if he didn't realise it himself, was impressive. Finishing up the class we did Flying Side Kick practice for the forthcoming tournaments and Masoud went onto get the furthest out of all the junior students. Hopefully this confidence will continue to bloom and I would love to see him testing himself at tournaments as I feel wins and medals are not far from his grasp if he applies himself in the same way. Either way, for this (what I see as a) big step forward, Masoud wins the Student of the Month award, well done Masoud.

Self Protection Course

On Wednesday, 25th February, Mr Avis will be running a Self protection course for all students aged 13 and over.



This course is free for students and runs from 7.30 until 10pm. Students should wear 'every day' clothes rather than doboks. This course conveys important information and as such, all students should endeavour to attend.

The course is also open to friends and family at a cost of £20 per person, if you have anyone whose inter-

ested, please speak to Mr Anslow in advance.

March Tournaments

We have not one, but two tournaments to attend in March. The first is our regular visit to the South East Opens, taking place in St. Albans on 15th March and the second one is hosted by Mr Hay Harris and is taking place on 29th March in Lutterworth, Leicestershire. Entry forms have been emailed out, but if you need one please ask Mr Anslow ensuring you ask for the correct form.

The South East Opens is a National event and thus has a large attendance, whereas Mr Harris's tournament is a more local event and will be smaller and ideal for our young students to test the waters regarding tournaments.

Both events feature sparring, patterns, destruction and/or Special technique. Please note the entry for each event is £15 for adults, but for Juniors entry is £15 for children at the South East Opens and £10 for Juniors at the Leics. comp. The Leics comp also has a sumo division for 11 years and under and separate Flying Side Kick divisions based on distance for juniors and height for 13+, whereas the South East Opens has flying high kick for all grades, plus additional destruction divisions for 16+. Please note the deadline for entries to both tournaments is 21st February!

I hope everyone has taken note of what I said in the Christmas magazine regarding competitions!!!!

GTI Events

Unfortunately the first of this years GTI events clashes with other tournaments, but luckily they have others later in the year and we will attend one or more of those.

Next Grading

The 18th March is the date for the next grading to take place. Please ensure all licenses and grading fees are handed in by 7th March (the deadline), that you know what's required inside out

and that you have enough credits to grade. If you want to check your credits please email Mr Anslow at any time to do so.

SupaStar

Many congratulations to Dev whose film, Slumdog Millionaire has not only won BIFA's (winning Dev in particular the award for Best Newcomer), BAFTA's and Golden Globes but is now tipped for Oscar's as well, he is indeed a humble superstar and we wish him every success in his future film career and don't forget Rayners Lane Taekwon-do Academy would love a purpose built dojang!



CMAA Instructors Courses

I am happy to announce that following discussions with the head of the CMAA, plus following the completion of the Level 1 instructors exam by myself, I am able to report that all future 'Tour Of Duty' courses under the Academy's Instructors Development Program (IDP) will be the equal of the CMAA National Level 2 instructors program. What this means is that current members who have passed their IDP's already can gain certification under the CMAA and all future courses will as well. If you passed your IDP previously, please speak to Mr Anslow regarding gaining CMAA level 2 certification and what is further required to take your Level 1 course if you wish to. All applicants receive certification, CRB check, Assistant Instructors badge and CMAA Coaching manual.



Cadet Leader Courses

Further to my discussions with the CMAA, Rayners Lane Taekwon-do Academy is please to offer a cadet Leaders course to our junior members aged 11 to 15. This course is similar to the level 2 instructors course but not as in-depth and will take place during

consecutive Wednesday classes. The course costs £20 and on completion of the course will see junior members receive the title of 'Cadet Leader', a cadet leader badge for their dobok and a certificate. Cadet Leaders will be the only juniors allowed to assist and teach in class and thus a high level of maturity and competency is required, please bear this in mind before applying. Please see www.maiuk.org.uk for detailed information about the level 3: Cadet Leader course/certification.

Liam Tarpey

I recently chatted to former student Liam Tarpey (former due to moving) who is now following his passion for music. He asked me to pass on this message to everyone: *"Hi guys, I'm now a music composer working on all kinds of media. I'm creating music for games, adverts, videos etc... basically anything needing a soundtrack or sound effects. If anyone knows of anyone looking for music for anything at all, please let me know. You can check out some samples of work on my website www.liamtarpey.com and contact me via the contact form on there. Would be nice to hear from you, and any thoughts, ideas and quick 'hellos' would be warmly welcomed!"*

Licenses Due:

The following students should request a license renewal form (via email is good) and return to Mr Anslow (with current license book) ASAP:

Mr Ahmad
Mr Patel
Vijay Sood
Marek Handzel
Sushil Punj
Yll Kelani
Jamie Lockyer
Oliver Roberts
Ayuran Selvathasan

Please hand them in by the end of the month (February), but preferably sooner!

"Live daringly, boldly, fearlessly. Taste the relish to be found in competition - in having put forth the best within you"
- Henry J. Kaiser

"A celebrity is one who is known to many persons he is glad he doesn't know"
- Henry Louis Mencken