Rayners Lane Tackwon-do Academy NEWS LETTER

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TUDENT OF THE MONTH JAMIE LOCKYER

Jamie wins months award due his outstanding success at the recen tournament bringing home



not one, not two, not even three but four trophies, three of which were gold. Usually I wouldnt give the student of the month award for competition success only, but I have made an exception in this case because apart from being well deserved, I hope his success will inspire others youngsters to enter competitions. Well done Jamie.

MPORTANT LETTER

Over the next couple of weeks all students will receive an important letter detailing some changes at the Academy in 2010. If you haven't got one in a week or so please contact Mr Anslow (in class) and ask for one as its information you need to know!

AST & FIRST

○ Our last training day of 2009 will be Monday, 21st December, 2009 - this class will be open to everyone, no matter age or grade, so please try to attend.

Our first day back over the new year will be Wednesday, 6th January, 2010 - please try to get back into things quickly, so try to make this class and show how you mean to go on with your training next year.



A HRISTMAS DINNER & **JPARTY**

As stated in last months News Letter, the Academy Christmas party is being organised by Marek and has been booked for Saturday. 19th December. If you haven't done so already, please hand in your money to Marek ASAP and it needs to be paid promptly. It starts at 8pm, so dress smart (its Christmas after all and enjoy the evening). Full details can be found on lasts months news letter. Don't forget, the organiser is expected to dress up as Santa!

🎮 HRISTMAS MAGAZINE

far. submissions have been poor for this years Manage magazine. Can students please ensure they have sent something to me by next week (7th December)



otherwise for the first time in a decade we will not have a magazine and it will be your fault! Blue belts and above are all expected to submit something, with it being optional for other grades and youngsters.

Those that are

grading on the 16th December should arrive and be changed by 6.15pm, unless told different by Mr Anslow. Dont forget, as well as your physical items (including previously graded stuff) you will be expected to know all your theory for vour current level and those below - do not be caught out by not studying previous theory as YOU WILL fail! The '3 attempts only' rule applies for all breaking

All license books and grading fee's need to be handed into Mr Anslow by 7th December otherwise you will incur a £10 late fee. Licenses that have no photo or are unsigned may be handed back and thus force you to hand them back in past the deadline, so it is advisable to check them first! Students without enough credits or who haven't been following the new 'competition' rules or those that simply aren't ready will receive their licenses and entry fee back. Please do not try to hand in fees and licenses separately - both together please.

FOOT SEWELL SEMINAR

For those attending this seminar, it starts at 2pm. Please see the Advert in this

months TotallyTKD for the venue address. If you are going please hand your money into me promptly. At only £15 per person. the seminar is an absolute steal as Mr Sewell is a

living legend when it comes to kicking and retired as a 3 times. undefeated World Heavyweight Champion. If you havnt heard of him, I suggest you google his name! I hope to see more support to this seminar than previous ones, as vou WILL gain from it most defiantly.

ICENSE RENEWALS There are far to many

parents/students not handing their licenses in for renewal promptly, despite ample notice in the news letters. Not being insured is the same as driving at a tournament again following your car without insurance and thus presents a risk to both vourself and the Academy. Students who are late getting that the 'compulsory their license renewals processed with be severely limited in what they can do at training until they have been renewed properly, thisd will include no sparring, no destruction and others things. which, leading up to a grading may put you at a disadvantage! Younger students may be asked not to attend until it has been renewed so they are not sitting whether they won something or there doing nothing while other not, acquitted themselves well, youngsters are sparring etc. as its not fair on them as it would be the parents fault really!

Licenses Overdue: Please hand in immediately

Saphaa Simab Saphwat Simab

Reece Somaiya Souad Elghawi Elnor Ilkamova Kate Barry Avinash Bakshi Vikram Bakshi Aniali Bakshi Luke Fox Lauren Fox Liviu Nafonita Avomikun Odunaiya

Licenses Due:

In December Adeoluwa Tokuta Avomide Oduniya Saveed Baangi David Harris Alex Sunderland Adam Koteles

WALLET E TIGERS TOURNAMENT

The tournament we attended last month was an outstanding success. It was great to finally see the Academy at full strength a team. the low entries of previous events. The number of entrants and the results both go to show competition' rule was a good move. As an club we did really really well winning 32 medals between us (16 gold's, 10 silvers and 6 bronzes). Our entries ranged from first timers to seasoned black belts and the overall standard at the tournament was very high. More importantly, everyone, represented the Academy in an excellent manner and had a good day. It was great to see so many parents & family members there as well - thank you for supporting the event. Who won what can be found in the results section of the web

site and I will be putting together a DVD of footage we shot (if you want one they will cost a fiver and only be available until January 2010).

LAN OACH

Due to the amount of people that went to the last

tournament, meaning both students and family members, we are considering hiring a coach for travel to future events so we can all travel down together. If you think this is a good idea. let me know! Obviously it will mean entries may need to be taken more in advance to ascertain whether

coach travel is viable. but I hope if w e do. everyone will travel together ,as



TUDENT OF THE YEAR WOTE

Many thanks to everyone who, following the appeal in last months news letter, emailed me their nominees, which means thank you to Marek only - as no one else bothered! The decision will now be taken out of your

FOTALLY TKD ISSUE 10

edition Totally | Kwon Do magazine is out now. Download vour free copy at



www.totallytkd.com